



To: Wellness and Chronic Disease Advisory Council
 From: Nicki Aaker, Director of Carson City Health and Human Services (CCHHS)
 Date: December 30, 2022
 Subject: CCHHS Quarterly (Q4) Report of Activities

County Health Officer Name	Dr. Colleen Lyons
County	Carson City: some services provided in Douglas, Lyon, and Storey Counties



Chronic Disease Prevention and Health Promotion (CDPHP)

Adolescent Health Education Programs

- On October 3 – 4, 2022, three hundred and thirty-six (336) students attending Carson High School Freshman Health Classes received a PowerPoint presentation regarding the services offered at CCHHS. In addition to the presentation, students toured the health department clinic for a first-hand experience of service access.
- The Adolescent Health Educator facilitated the “Promoting Health Among Teens – Abstinence Only” curriculum for 8th graders in Virginia City in October.
- The Adolescent Health Educator facilitated the “Making Proud Choice” comprehensive curriculum at Carson City Juvenile Detention, Western Nevada Regional Youth Center (WNRYS), China Springs and Aurora Pines in November and December 2022.
- The Carson City School District’s Family Life Committee approved the “Making Proud Choices” curriculum for high school students on November 28, 2022. The Carson City School District Board approved this same curriculum on December 13, 2022. This has taken a lot of time to achieve this

goal. Adolescent Health staff will coordinate with Carson High School Health Teachers to make this offering available during Freshman health classes in the 2023 Spring Semester and at Pioneer High School during the Fall 2023 semester.

- The Adolescent Health Educator continues to engage with local coalitions: Community Action Agency Network (CAAN) in Carson City and Healthy Communities Coalition (HCC) for Lyon and Storey Counties.
- Outreach was conducted on Facebook and Instagram to promote conflict resolution skills, sexually transmitted infections prevention, healthy relationships, mindfulness, and having a trusted adult from the *We Think Twice Campaign*. <https://www.wethinktwice.acf.hhs.gov/>

Ryan White – Retention in Care Program

The Ryan White Retention in Care Program’s goal is to locate HIV+ individuals that are out of medical care, identify the barriers experienced and get the individual back into care. The program works with individuals with a last known address within one of the 15 rural and frontier counties. This program will also assist newly diagnosed HIV individuals get into care within the 15 counties.

Ryan White Program Services Provided					
	2021 Total	1Q22	2Q22	3Q22	4Q22
Number of Services Provided/ Unduplicated Clients	4,034/1,762	837/413	71/48	Not available	96/72

The reduction of clients from 1Q22 to 2Q22 was primarily due to not receiving the State of Nevada, Out of Care HIV-Positives Report. The number of individuals serviced in 2022 has dramatically decreased. Staff have been working to gain access to two databases which will assist in finding the HIV+ individuals that have fallen out of medical care. Staff is also working on the Annual Federal Report. The Treatment Adherence Counselor attended the Annual Ryan White HIV/AIDS Conference on Oct 16-18, 2022, and the 23rd Annual Autumn Update on December 19-20, 2022. The Treatment Adherence Counselor presented at the International Conference on Sigma 2022 on December 14-18, 2022. Again, this year in observance of World AIDS Day, the Treatment Adherence worked with artists and clients internationally to host a World AIDS Day Art Exhibit in the Carson City Health and Human Services Lobby. Please come and view the exhibit which tells many different individual’s stories.



Tobacco Control and Prevention Program

Program funding consists of CDCs Tobacco Prevention, Health Disparities Grant through the Nevada Cancer Coalition, Nevada Clinical Services formerly the Funds for Healthy Nevada, and Nevada's Youth Vaping Prevention Fund.

- The Nevada's Youth Vaping Prevention Funds may be in jeopardy for reductions or elimination. These funds are the result of the taxing of vaping products and devices which was passed in the 2019 Legislature. CCHHS uses these funds to education youth, parents, and school personnel about the dangers of vaping, which is important since we are experiencing a youth vaping epidemic. As part of these educational presentations real devices are shown and can be handled by attendees.
 - It may be requested to have the support of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease to request continuation of this funding.
- CCHHS Tobacco program staff continue to be members of the Nevada Tobacco Control and Smoke-free Coalition formally known as Nevada Tobacco Prevention Coalition.
 - Staff continue to assist in the development of educational materials for statewide partners to use on priorities policies related to the Nevada Clean Indoor Air Act, Tobacco Prevention and Control Funding, Restricting Flavored Tobacco Products, and Addressing Youth Access via Tobacco Retailers.
- Suzie Ledezma-Rubio, Program Coordinator, continues to be a member of Western Nevada College's (WNC) Healthy Campus Environment Committee.
 - Held a Great American Smoke-out booth on campus on 9/17/22.
- Staff have worked on updating Attracting Addiction's website and developing posts for statewide partner use. The project goals are to educate parents and adult influencers on the predatory practices of the tobacco industry, increase awareness of the dangers of smoking and vaping flavored tobacco products, prevent youth and adults from becoming tobacco users, and support the quitting of all flavored tobacco products. This project is a collaboration between CCHHS, Southern Nevada Health District, Washoe County Health District and Nevada Statewide Coalitions.
- Outreach events include:
 - In collaboration with Healthy Communities Coalition (HCC) in Lyon and Storey Counties, staff participated in three (3) community events: Kids Day in the Park: Yerington at the Mountain View Park on July 27, Dayton at Our Park on August 3, Silver Springs at the Penny Park on August 10. The CCHHS Adolescent Health Program staff participated as well.
 - HCC and CCHHS had a booth for Back to School Night at Dayton Intermediate School on September 6.
 - CCHHS Tobacco program and Adolescent Health Program had a booth at the Dayton Valley Days September 17-18.
 - In collaboration with Partnership Carson City (PCC), staff had a booth at the Suicide Prevention Walk in Carson City on September 24.
 - In collaboration with Healthy Community Coalition (HCC), staff conducted 1 class presentation.
 - In collaboration with Partnership Douglas County (PDC), staff conducted 1 class presentation.
 - The tobacco program had a booth at the great outdoors health fair in Minden along with CCHHS' Public Health Preparedness (PHP) program.
 - The tobacco program had a booth at the annual Boonanza in Carson City with the PHP program and HCC held on October 27.
 - The tobacco program had a booth at the annual Holiday Craft Fair and Toy Drive at the Riverview

Elementary School in Dayton with HCC.

- Staff is analyzing data collected during the STARS assessment completed in early 2022. The purpose of this was to assess retail tobacco product marketing and provide observational data to inform tobacco control policy, planning and practices.
- Staff are working with Washoe County Health District on developing a campaign to reach the communities in Northern Nevada most affected by COVID-19 and tobacco by offering cessation resources. Specifically, to educate at-risk communities on how COVID-19 can be more detrimental to those who smoke and vape by providing information on quitting tobacco and getting vaccinated.

Preventive Health and Health Services

A Community Health Worker (CHW) will be working with WIC parents and clinic clients who are overweight and want education for obtaining a healthy weight. This is a new program at CCHHS. This CHW will be shared with the Adolescent Health Program. Currently, the position is posted until filled.

Budget for Entire Division

- General Funds – None
- Grants – 100%

Community Health Needs Assessment



In collaboration with Carson Tahoe Health, the 3rd Community Health Needs Assessment (CHNA) is completed. This is a Quad-County assessment and serves as a critical phase in the overall effort to improve the community's health. Through the collaborative CHNA process, a snapshot was created of community health perceptions, health behaviors, and disparities. The below links connect you with the Executive Summary and the entire report. These documents are located on the CCHHS website – gethealthycarsoncity.org.

Click here to read the entire 2022 Quad-County Regional CHNA Report -

<https://gethealthycarsoncity.org/wp-content/uploads/2022/12/Quad-County-Regional-2022-CHNA-Final-Report.pdf>

Click here to read the 2022 Quad-County Region CHNA Executive Summary –

[2022 Quad-County Regional Community Health Needs Assessment \(gethealthycarsoncity.org\)](https://gethealthycarsoncity.org)

	<p>2022 QUAD-COUNTY REGIONAL</p> <p>COMMUNITY HEALTH NEEDS ASSESSMENT</p> <p>EXECUTIVE SUMMARY</p>
<p>A coalition of eight community agencies came together to complete this Community Health Needs Assessment (CHNA). The goal of this assessment is to determine the most pressing health-related needs from the perspective of community members themselves. A variety of data sources were used including focus groups, phone interviews, national and state government reports and data, and a robust communities-wide online survey.</p> <p>Altogether, the report tells a story of a resilient, collaborative community ready to meet the many health-related challenges of today and tomorrow to build a healthier future for all.</p>	<p>COMPILED FOR CARSON TAHOE HEALTH ON BEHALF OF THE QUAD COUNTIES BY:</p> <p>crescendo </p>

NEXT STEPS – Developing a **Community** Health Improvement Plan (CHIP) and the Health Department’s Specific Strategic Plan. Some of you may be contacted to assist with the next steps. If contacted, please consider the importance of your voice and participate.